

Terrain Omega!



What follows is not a formulation—it is an innovation or more aptly described, an invention. It is taking two already great concepts and marrying them in a way that has never been done before. I call it Terrain Omega, and before we get in to the particulars of how it came to be, I think you need to know what it can do for you:

- Supports healthy weight management
- Supports healthy blood sugar levels already in normal range
- Supports cardiovascular health
- Supports healthy cholesterol levels already in normal range
- Supports digestive health
- Supports healthy energy levels
- Contains healthy fats and fiber to promote a feeling of satiety and fullness
- Provides 2000mg Omega 3s per serving
- Provides 3g of complete plant protein per serving
- Provides 5g of fiber per serving
- Provides an entire bottles worth of Terrain Living Herbals in each 30-day supply

This is not a formulation—it is an invention. This is not a supplement—it is a food. This is not a Super Food—it is a Hero Food.

Terrain Omega is a combination of extremely healthy chia seed, which has been soaked and sprouted using Terrain Herbals. The two synergistically combine to provide far more than either can alone. The result is an inventive new food that is as healthy as it is unique.

The list of attributes of Terrain Omega is freakishly long. Terrain Omega has protein, fiber, healthy fats, slow-burning carbs, probiotics, enzymes, organic acids, antioxidants, raw, organic and more. The benefits—the same ones listed at the start, are unrivaled.

Perhaps the best part is that there are two ways to enjoy Terrain Omega:

1. **Terrain Omega Powder** - mix it in water, with Amasai or in your favorite smoothie. Terrain Omega Powder is the ideal food to add to well...your food. Terrain Omega Powder comes in a convenient resealable bag, so its perfect for multiple uses.
2. **Terrain Omega Wafers** a perfect delivery system, especially for anyone who wants to reach their perfect weight. Eat 3-to-9 wafers 10-15 minutes before a meal or anytime hunger strikes. The combination of filling fiber, slow-burning carbs and the healthy omega-3 fats are ideal for appetite control.